

# MediSnore®

## For Silent "Snoreless" Nights

### Oral Spray Designed to Reduce or Prevent Snoring



Forty-five percent of adults occasionally snore and 25 percent are habitual snorers. Snoring is a problem that usually worsens with age. **MediSnore®** is a pump-spray designed to reduce or eliminate snoring.

#### About Snoring

Snoring occurs when there is an obstruction of the free flowing of air through the airway passages at the back of the throat due to narrow respiratory airways. Snoring occurs when these structures strike each other and vibrate during breathing.

People who snore may suffer from:

- Poor muscle tone in the tongue and throat.
- Excessive bulkiness of throat tissue.
- Snoring disturbs sleeping and deprives the snorer of appropriate rest.

**MediSnore®** is a pump-spray device intended to coat the uvula and upper respiratory airways with a thin layer of natural oily lubricant that reduces or prevents the vibration that causes snoring.

#### Clinically Proven and Safe

**MediSnore®** is a unique oral spray (not nasal) that shows high user-satisfaction. Clinical evaluation of 600 patients showed significant improvement of snoring in patients without any side effects observed. No preservatives added.

#### Directions

Shake bottle. Spray 2-3 times towards upper part of throat, hold for 15 to 25 seconds then swallow. Do not eat or drink after application.

**MediSnore®** may not be as effective if used within 1 hour of consuming alcohol.

#### References:

1. Prichard AJ. The use of essential oils to treat snoring. *Phytother Res.* 2004 Sep;18(9):696-9.
2. Fajdiga, I. Snoring Imaging: Could Bernoulli Explain It All?. *Chest* 2005 128: 896-901.